

Relaxation Oscillations

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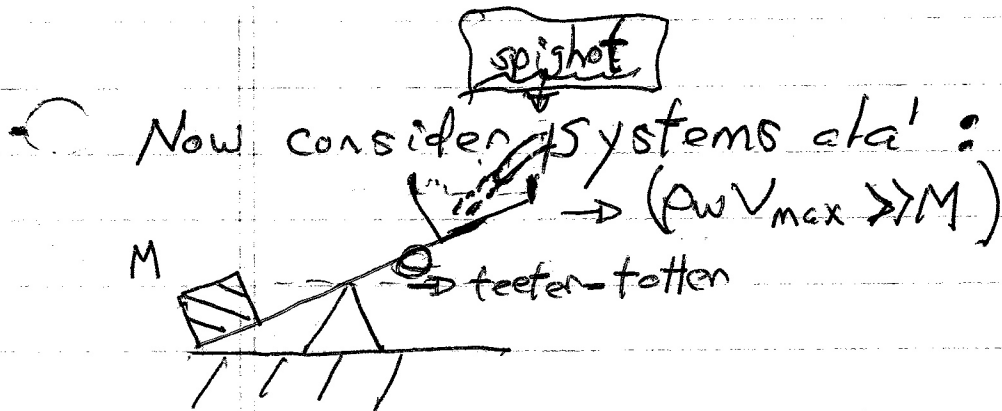
e.) Relaxation Oscillations \rightarrow $\left\{ \begin{array}{l} \text{Dissipative Nonlinearity} \\ \text{Van-der-Pol's Eqn.} \end{array} \right.$

\rightarrow Till now, have considered:

\Rightarrow conservative or 'nearly-conservative' systems
(i.e. small, linear dissipation, to resolve resonance)

\Rightarrow non-dissipative nonlinearity, only i.e. ϵx^3

\Rightarrow periodic phase space orbits, only i.e. Duffing eqn.



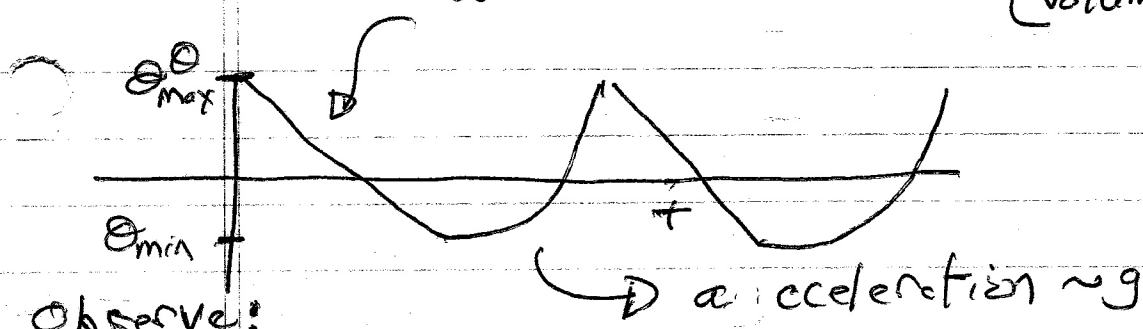
What happens? :

starting from empty;

- ① \rightarrow tank fills, Θ decreases (slowly, depends on fill rate)
 - ② \rightarrow $\Theta \rightarrow \Theta_{min} \Rightarrow$ tank empties, quickly!
 - ③ \rightarrow teeter-totter returns to Θ_{max} ($\sim f^2$)
(quickly)
- and cycle repeats.

thus can graphically depict $\Theta(t)$ 'ala':

exaggerated slope \rightarrow set by $\left\{ \begin{array}{l} \text{in flow rate} \\ \text{volume H}_2\text{O at balance} \end{array} \right.$



observe:

i.e. \rightarrow sawtooth-like structure \rightarrow i.e. repeated 'bursts' followed by slower relaxation

\rightarrow 2 timescales \rightarrow slow fill-up and fall
 $\xrightarrow{\text{H}_2\text{O}}$ \rightarrow quick recovery

"dissipation" essential. Here "dissipation" is spilling of water at $\theta = \theta_{min}$.
 \rightarrow cyclic behavior

\Rightarrow a classic example of a relaxation-oscillation

A classic mathematical example: the Van-der-Pol oscillator:

$$\ddot{x} + \nu(x^2 - 1)\dot{x} + x = 0$$

(self-sustained oscillation of triode)

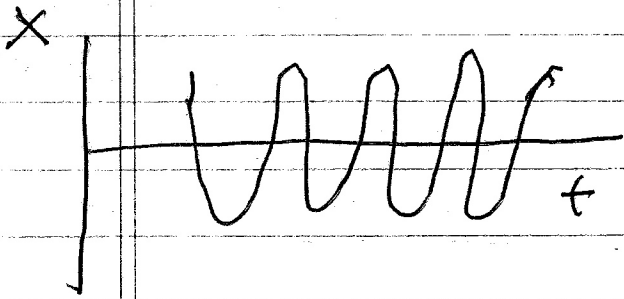
friction $\left\{ \begin{array}{l} \text{nonlinear} \\ \tau, \text{ depending on } x \geq 1 \end{array} \right.$

key point: $\lambda_{eff} = \nu(x^2 - 1)$ \Rightarrow increased for $x^2 > 1$
 $\xrightarrow{\text{friction}}$ $\xrightarrow{\text{damping}}$ $x^2 < 1$

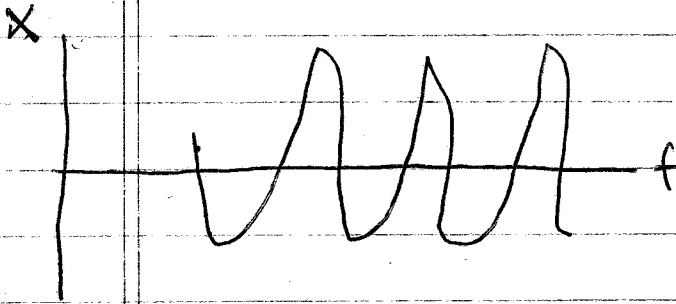
\Rightarrow end θ dissipation \Rightarrow instability and stability

\Rightarrow self-sustaining, self-regulating cycle

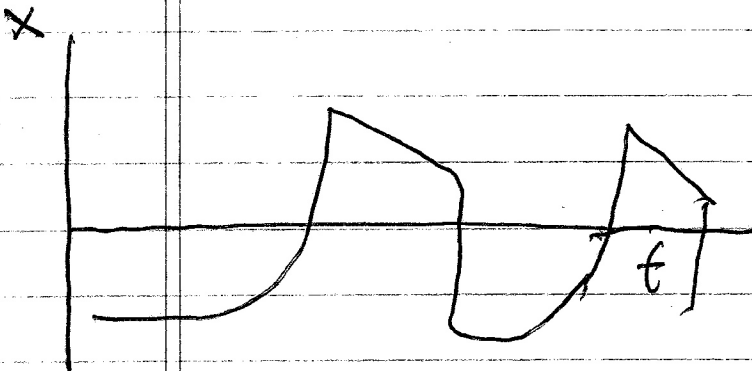
→ $x(t)$ for $\nu = .1, 1.0, 10$



$\nu = .1$



$\nu = 1.0$



$\nu = 10$

i.e. cyclic, two-time scale phenomena, aka' feather-father with H_2O .

∴ study van-der-Pol equation as prototype case (analogous structure to Duffing eqn.) of relaxation oscillator.

→ Some observations

- often ^{useful} convenient to analyze NL ode's in phase plane \Rightarrow convert 2nd order eqn. to 2 first order

i.e. $\ddot{x} + r(x^2 - 1)\dot{x} + x = 0$ (autonomous!)

$$\begin{cases} \dot{x} = v \\ \dot{v} = -x - r(x^2 - 1)v \end{cases} \left. \vphantom{\begin{cases} \dot{x} = v \\ \dot{v} = -x - r(x^2 - 1)v \end{cases}} \right\} \text{replace 2nd order NL ode with 2 first-order odes}$$

this is specific instance of !

$$\begin{cases} \dot{x} = F(x, y) \\ \dot{y} = G(x, y) \end{cases} \left\{ \begin{array}{l} \text{general form:} \\ \text{In general } \nabla_{\pi} \cdot \underline{V}_{\pi} = \frac{\partial F}{\partial x} + \frac{\partial G}{\partial y} \neq 0 \\ \text{i.e. not Hamiltonian} \end{array} \right.$$

Now, convenient to convert to polar coordinates

$$x^2 + y^2 = r^2$$

$$x \frac{dx}{dt} + y \frac{dy}{dt} = r \frac{dr}{dt}$$

$$x = r \cos \theta$$

$$y = r \sin \theta$$

work in phase plane

plug in

$$\therefore \frac{dr}{dt} = \cos \theta F(r \cos \theta, r \sin \theta) + \sin \theta G(r \cos \theta, r \sin \theta)$$

Similarly, $\frac{d}{dt}(r \cos \theta) = \frac{dr}{dt} \cos \theta - r \sin \theta \frac{d\theta}{dt}$

$$\frac{d}{dt}(r \sin \theta) = \frac{dr}{dt} \sin \theta + r \cos \theta \frac{d\theta}{dt}$$

so $x\dot{y} - y\dot{x} =$

$$= r\dot{r} \sin \theta \cos \theta + r^2 \dot{\theta} \cos^2 \theta - r\dot{r} \sin \theta \cos \theta + r^2 \dot{\theta} \sin^2 \theta$$

$$= r^2 \dot{\theta}$$

$$\Rightarrow \dot{\theta} = r^{-1} \cos \theta G(r \cos \theta, r \sin \theta) - r^{-1} \sin \theta F(r \cos \theta, r \sin \theta)$$

∴ finally:

$$\left\{ \begin{array}{l} \dot{r} = \cos \theta F + \sin \theta G \\ \dot{\theta} = r^{-1} \cos \theta G - r^{-1} \sin \theta F \end{array} \right. \quad \begin{array}{l} \dot{x} = F \\ \dot{y} = G \end{array} \quad (*)$$

Go to 39 → simpler example

Now, Van-der-Pol eqn. ⇒

$$\begin{cases} \dot{x} = y \\ \dot{y} = -x - v(x^2 - 1)y \end{cases} \Rightarrow \begin{cases} \dot{x} = y \\ \dot{y} = -x - v(x^2 - 1)y \end{cases}$$

From box on ³⁷ *

$$\begin{aligned} \dot{r} &= r \cos \theta \sin \theta + \sin \theta (-r \cos \theta - \nu(r^2 \cos^2 \theta - 1) r \sin \theta) \\ &= r \cos \theta \sin \theta - r \sin \theta \cos \theta - \nu r \sin^2 \theta (r^2 \cos^2 \theta - 1) \end{aligned}$$

Similarly,

$$\begin{aligned} \dot{\theta} &= r^{-1} \cos \theta G - r^{-1} \sin \theta F \\ &= r^{-1} \cos \theta (-r \cos \theta - \nu r \sin \theta (r^2 \cos^2 \theta - 1)) \\ &\quad - r^{-1} \sin \theta (r \sin \theta) \\ &= -1 - \nu(r^2 \cos^2 \theta - 1) \cos \theta \sin \theta \end{aligned}$$

taking $r \rightarrow e$ for clarity, have:

$$\begin{aligned} \dot{r} &= -e(r^2 \cos^2 \theta - 1) r \sin^2 \theta \\ \dot{\theta} &= -1 - e(r^2 \cos^2 \theta - 1) \cos \theta \sin \theta \end{aligned}$$

Phase
- Plane
Eqns. for
Van-der-
Pol. Osc.

Aside: Phase Plane Portraits - Simplex System

Consider dissipative system:

$$\dot{x} = -y - x(x^2 + y^2 - 1)$$

$$\dot{y} = x - y(x^2 + y^2 - 1)$$

$$x = r \cos \theta$$

$$y = r \sin \theta$$

$$\Rightarrow \left. \begin{aligned} \frac{dr}{dt} &= r(1-r^2) \\ \frac{d\theta}{dt} &= 1 \end{aligned} \right\} \text{phase plane equations}$$

Fixed points: $r=0$
 $r=1$

Stability $r = r_0 + dr \Rightarrow$

$$\frac{d dr}{dt} = (r_0 + dr)(1 - (r_0 + dr)^2) - r_0(1 - r_0^2)$$

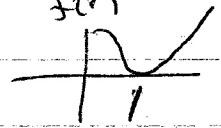
$$= dr, \quad r_0 = 0$$

$$= 1(-2dr) + dr(1-1) = -2dr$$

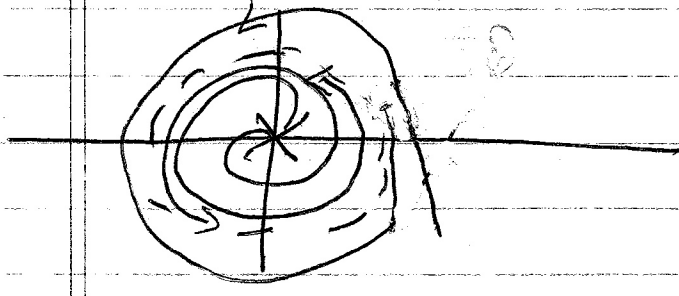
$$r_0 = 1$$

thus $r_0 = 0$ fixed pt. unstable

$r=1$
 $\theta = \theta_0 + t$ } stable limit cycle



ie.



$r > 1 \rightarrow$ spiral in to $r=1$

$r < 1 \rightarrow$ spiral out to $r=1$

($r=0$ unstable)

(counter-clockwise rotation)

Now, above example particularly simple, since r, θ equations decouple. In real problems,

they don't \Rightarrow old Van-der-Pol

$$\begin{cases} \dot{r} = -\epsilon(r^2 \cos^2 \theta - 1) \sin^2 \theta = \epsilon F(r, \theta) \\ \dot{\theta} = -1 - \epsilon(r^2 \cos^2 \theta - 1) \cos \theta \sin \theta = -1 + \epsilon G(r, \theta) \end{cases}$$

\rightarrow coupled evolution.

For small ϵ , can exploit fact that:

$$\begin{cases} \dot{\theta} = -1 + o(\epsilon) \\ \dot{r} = o(\epsilon) \end{cases} \Rightarrow \begin{cases} r \text{ nearly } (\epsilon) \text{ constant} \\ \theta \text{ nearly } \theta_0 - t (\epsilon) \end{cases}$$

nearly constant rotation frequency

∴ expect deviations from circular, sinusoidal orbit to accumulate on long time scale (i.e. $t \sim \epsilon^{-1}$).

⇒ Method of Averaging → ^{yet another} a type of multiple time scale p.t.

A Trivial Example: $\ddot{x} + 2\epsilon \dot{x} + x = 0$

Exact: $x = q_0 e^{-i\omega t} \Rightarrow -\omega^2 + (-2\epsilon i\omega) + 1 = 0$

∴ $\omega = \omega_r + i\omega_i \Rightarrow$

$-(\omega_r^2 - \omega_i^2 + 2i\omega_r\omega_i) - 2\epsilon(i\omega_r - \omega_i) + 1 = 0$

$i[-2\omega_r\omega_i - 2\epsilon\omega_r] = 0$

$-(\omega_r^2 - \omega_i^2) + 1 - 2\epsilon\omega_i = 0$

∴ $\omega_i = -\epsilon$

⇒ $-(\omega_r^2 - \epsilon^2) + 1 - 2\epsilon^2 = 0$

$\omega_r^2 = 1 - \epsilon^2$

∴ $x = q_0 e^{-\epsilon t} \cos\left[(1 - \epsilon^2)^{1/2} t\right]$

∴ clearly oscillates at $\omega \sim 1$, with slow decay on $\tau \sim 1/\epsilon$

via averaging:

- r, θ equations

$$\frac{dx}{dt} = v$$

$$\equiv F$$

$$\frac{dv}{dt} = -x - 2\epsilon v$$

$$\equiv G$$

as above \Rightarrow

$$\frac{dr}{dt} = -2\epsilon r \sin^2 \theta$$

$$\frac{d\theta}{dt} = -1 - \epsilon \sin 2\theta$$

Now, as interested in long-time, slowly-building-up cumulative effects, average equations over typical circuit

$$\text{i.e. } a(t) = \int ds r(t+s) / \int ds$$

$s \equiv$ fast circuit variable.

(*) avg. amplitude, so (circuit)

(N.B.: Note method of averaging is a two-time-scale method, i.e.) (*) inherently

$$dr/dt = o(\epsilon), \quad d\theta/dt = \omega + o(\epsilon)$$

\downarrow slow \downarrow fast } $o(1)$

then $\left\{ \begin{array}{l} \text{fast time scale} = \omega^{-1} \\ \text{slow time scale} = \left(\frac{1}{\epsilon} \frac{d\theta}{dt} \right)^{-1} \end{array} \right.$

and point of averaging is to eliminate the fast time scale!

$$\begin{aligned} \underline{\text{so}} \quad a(t) &= \int_{2\pi}^0 r(t+s) ds / \int_{2\pi}^0 ds \\ &= \int_{2\pi}^0 r(t+s) \frac{d\theta}{d\theta/ds} / \int_{2\pi}^0 \frac{d\theta}{d\theta/ds} \end{aligned}$$

$$\int_{2\pi}^0 \frac{d\theta}{d\theta/ds} = \int_{2\pi}^0 \frac{d\theta}{-1 + o(\epsilon)}$$

$$\underline{\text{but}} \quad \frac{d\theta}{ds} = -1 + o(\epsilon)$$

$$\Rightarrow a(t) = \frac{1}{2\pi} \int_0^{2\pi} r(t+s) d\theta + o(\epsilon)$$

$$\text{then } \frac{da}{dt} = \frac{d}{dt} \bar{r} = \frac{(1+o(\epsilon))}{2\pi} \int_0^{2\pi} \frac{dr(t+s)}{ds} d\theta$$

deriv. on slow scale and orbit eqns \Rightarrow

$$= \frac{(1+o(\epsilon))}{2\pi} \int_0^{2\pi} (-2\epsilon r \sin^2 \theta) d\theta$$

\nearrow
d/ds factor

$$= \frac{(1+o(\epsilon))}{2\pi} \int_0^{2\pi} (-2\epsilon r) \left(\frac{1}{2} - \frac{1}{2} \sin 2\theta \right) d\theta$$

$$\Rightarrow \frac{da}{dt} = -\epsilon a + o(\epsilon^2)$$

Similarly;

$$\begin{aligned} \omega(t) &= \oint \frac{d\theta(t+s)}{ds} ds / \oint ds \\ \text{Slow variation} \\ \text{of } \omega & \\ &= \frac{1}{2\pi} \int_0^{2\pi} \frac{d\theta(t+s)}{ds} d\theta \end{aligned}$$

$$\text{But } \frac{d\theta}{dt} = -1 - \epsilon \sin 2\theta$$

$$\begin{aligned} \omega(t) &= \frac{1}{2\pi} \int_0^{2\pi} (-1 - \epsilon \sin 2\theta) d\theta + o(\epsilon^2) \\ &= -1 + o(\epsilon^2) \end{aligned}$$

ie. $\{o(\epsilon)\}$ correction
vanishes

so

$$\frac{da}{dt} = -\epsilon a$$

$$\frac{d\theta}{dt} = \omega(t) = -1$$

\rightarrow avgd. eqns. to
leading order

In particular 'natural'
frequency is $\omega = -1$
with decaying amp.

so/ to leading order:

$$\left. \begin{aligned} \frac{da}{dt} &= -\epsilon a \\ \omega(t) &= -1 \end{aligned} \right\} \Rightarrow a(t) = a_0 e^{-\epsilon t}$$

$$\vartheta = (t_0 - t)$$

so $x \approx a_0 e^{-\epsilon t} \cos(t - t_0)$

but exact: $x = a_0 e^{-\epsilon t} \cos((1 - \epsilon^2)^{1/2} (t - t_0))$

\downarrow slow scale, \downarrow fast scale

agree to $O(\epsilon)$!

Now proceed with Van der Pol equation, for which:

$$\frac{dr}{dt} = -\epsilon (r^2 \cos^2 \theta - 1) r \sin^2 \theta$$

$$\frac{d\theta}{dt} = -1 - \epsilon (r^2 \cos^2 \theta - 1) \cos \theta \sin \theta$$

Note same generic structure as example

$$dr/dt = o(\epsilon)$$

$$d\theta/dt = -1 + o(\epsilon)$$

Thus, can immediately write:

$$\frac{da}{dt} = \frac{-\epsilon}{2\pi} \int_0^{2\pi} (r^2 \cos^2 \theta - 1) r \sin^3 \theta d\theta + o(\epsilon^2)$$

$$2 \cos \theta \sin \theta = \sin 2\theta$$

$$= \frac{-\epsilon}{2\pi} \int_0^{2\pi} r \left[\frac{r^2}{4} \sin^2 2\theta - \frac{1}{2} (1 - \cos 2\theta) \right] d\theta$$

$$\Rightarrow \frac{da}{dt} = \frac{4\epsilon}{2} a \left(1 - \frac{1}{4} a^2 \right) + o(\epsilon^2)$$

Similarly,

$$\omega + 1 = \frac{-\epsilon}{2\pi} \int_0^{2\pi} (r^2 \cos^2 \theta - 1) \cos \theta \sin \theta d\theta$$

$$= o(\epsilon^2)$$

$$\omega = -1$$

\Rightarrow averaged equations:

$$\frac{da}{dt} = \frac{\epsilon a}{2} \left(1 - \frac{a^2}{4} \right)$$

$$\omega = -1$$

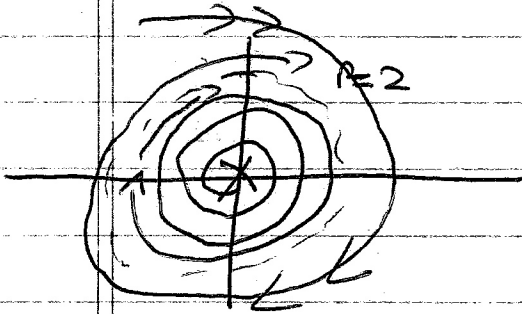
" Natural frequency
of Van der Pol oscillator is
 $\omega = -1$. Nontrivial
attractor at $a = 2$
so $x = 2 \cos(\theta + t)$
 $y = 2 \sin(\theta + t)$

Now, equation for $a(t)$ similar to earlier example
case

equilibria at $a=0 \rightarrow$ unstable focus

$a=2 \rightarrow$ stable limit cycle

($\omega = -1 \Rightarrow$ clockwise rotation of cycle)



$r > 2 \rightarrow$ spiral in

$r < 2 \rightarrow$ spiral out

But what happens when ϵ isn't "small"? \rightarrow | c.e. $\left\{ \begin{array}{l} \text{smooth} \\ \text{vs.} \\ \text{sinusoid} \end{array} \right.$

To answer this, more convenient to consider Rayleigh equation, instead Van-der-Pol eqn. \rightarrow averaging recovers sinusoid

c.e. Rayleigh equation;

$$\ddot{x} + \epsilon \left[\frac{\dot{x}^3}{3} - \dot{x} \right] + x = 0 \quad \Rightarrow$$

\hookrightarrow ϵ - NL dissipation

N.B. if d/dt thru:

$$\ddot{x} + \epsilon [\dot{x}^2 - 1] \dot{x} + x = 0$$

and $y = \dot{x} \Rightarrow$

$$\ddot{y} + \epsilon [y^2 - 1] \dot{y} + y = 0$$

related

recovers Van-der-Pol eqn. \leftrightarrow systems

Now, in phase plane;

$$\text{R.E.} \Rightarrow \frac{d^2 u}{dt^2} + \epsilon \left\{ \frac{1}{3} \left(\frac{du}{dt} \right)^3 - \frac{du}{dt} \right\} + u = 0$$

$$\text{So} \quad \frac{du}{dt} = x \quad ; \quad \frac{dx}{dt} = -u - \epsilon \left(\frac{x^3}{3} - x \right)$$

further; $w \equiv u/\epsilon$

$$F(x) = x^3/3 - x$$

$$\Rightarrow \frac{dx}{dw} = \frac{dx/dt}{dw/dt} = \epsilon \frac{dx/dt}{du/dt} \quad (\text{yields orbits on } x, w \text{ plane})$$

$$\begin{aligned} \text{but } \frac{dx}{dt} &= -\epsilon \frac{u}{\epsilon} - \epsilon \left(\frac{1}{3}x^3 - x \right) \\ &= -\epsilon (w + F(x)) \end{aligned}$$

$$\Rightarrow \boxed{\frac{dx}{dw} = -\epsilon^2 \frac{w + F(x)}{x}}$$

Thus, can immediately observe:

- as $\epsilon \rightarrow \infty$, $\frac{dx}{dw} \rightarrow \infty$ ^{$\rightarrow \infty$!} except on $w + F(x) = 0$
(sign)

- $dx/dw = 0$ on $w + F(x) = 0$, $\forall \epsilon$

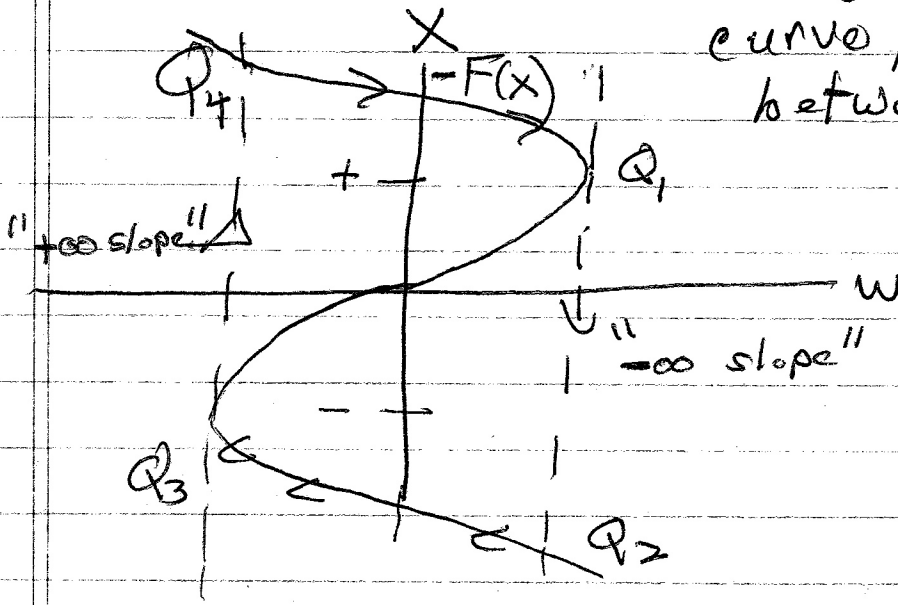


- in (w, x) plane, orbit parallel to x -axis except where $w + F(x) = 0$. Indeed,
 (but $\pm \infty$ slope!)

$\frac{dx}{dw}$ large, > 0 $(w + F(x))/x < 0$
 " " large, < 0 $(w + F(x))/x > 0$

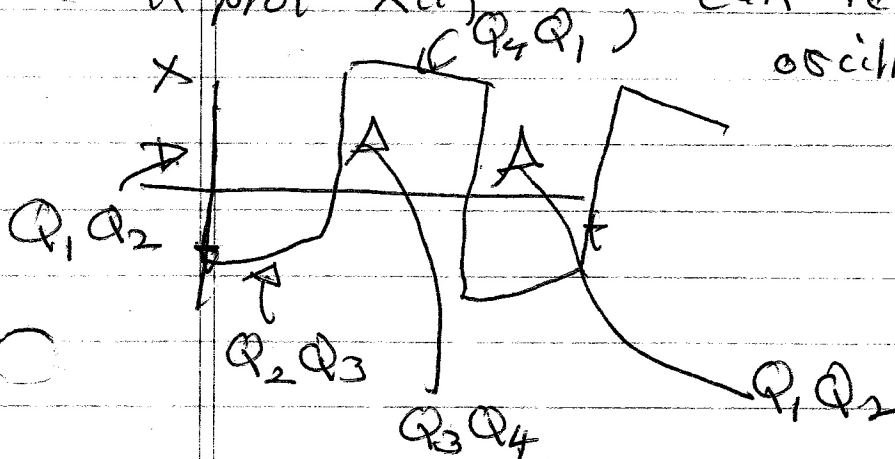
" orbit starting at $t=0$ moves vertically toward curve $w = -F(x)$, and then describes closed orbit in w, x plane, along curve pts (with jumps between)

c.e.



$Q_1 \rightarrow Q_2 \rightarrow Q_3 \rightarrow Q_4 \rightarrow Q_1$ is closed limit cycle in x, w plane.

- if plot $x(t)$ can recover relaxation-oscillation sawtooth.



$\left\{ \begin{array}{l} 2 \text{ bifurcation jumps} \\ 2 \text{ regions slow evolution} \end{array} \right.$
 etc.

- note relaxation oscillation intimately connected to bi-stability - reason for Rayleigh choice